



South Carolina Arthritis Prevention and Control Program

ARTHRITIS RESOURCES Resources and Rheumatologists York County

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about 3 Arthritis Foundation programs that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- Arthritis Foundation-Self-Help Program - Group education classes to help you learn how to manage your condition.
- Arthritis Foundation Exercise Program - An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- Arthritis Foundation Aquatic Program - A water exercise program for people with arthritis to help you feel better.

We also list support groups for each county and give you a list of rheumatologists in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

Arthritis Foundation Self-Help Program:

No program in this county.

Arthritis Foundation Exercise Program:

Rock Hill Area YMCA
Lu Reeves
Charlotte Ave Branch
402 Charlotte Ave
Rock Hill, SC 29732
(803) 329-9622 Ext: 245

Arthritis Foundation Aquatic Program:

YMCA Rock Hill Branch,
402 Charlotte Avenue,
Rock Hill, SC 29730
(803) 329-9622

Support Groups:

Lupus Support Group:
Piedmont Healthcare System Hospital
Doctor's Dining room
222 South Herlong Ave.
Rock Hill, SC
(803) 329-1234
Meets the third Sunday of the month @ 3:00pm

Rheumatologists:

Carolina Center for Rheumatology
Burack, David & Wilson, James M.
1665 Herlong Ct., Suite A
Rock Hill, SC 29732
(803) 329-1660

SC DHEC presents this list as a representative sample of available resources and does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.